

Blessing for Wearing a Face Mask

By Rabbi Michael Knopf Source: Ritualwell.org



בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוּנוּ עַל שְׂמִירַת הַנְּפֶשׁ
Barukh atah Adonai, Eloheinu, melekh ha-olam, asher keed'shanu b'meetzvotav,
v'tzeevanu al sh'meerat ha-nefesh

You are bountiful, Infinite our God, majesty of space and time, who has sanctified us with divine commandments and has commanded us about protecting life

Blessing for Healing

מִי שִׁבְרָךְ אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, אַבְרָהָם, יִצְחָק וְיַעֲקֹב, שָׂרָה,
 רִבְקָה, רָחֵל וְלֵאָה, הוּא יְבָרֶךְ אֶת הַחֹלִים [names].
 הַקְּדוֹשׁ בְּרוּךְ הוּא יִמְלֵא רַחֲמִים עָלֵיהֶם, לְהַחֲלִימָם
 וּלְרַפְּאוֹתָם וּלְהַחֲזִיקָם וּלְהַחְיוֹתָם, וְיִשְׁלַח לָהֶם מְהֵרָה
 רְפוּאָה, רְפוּאָה שְׁלֵמָה מִן הַשָּׁמַיִם, רְפוּאָת הַנְּפֶשׁ,
 וּרְפוּאָת הַגּוּף, הַשְׂתַּא בְּעִגְלָא וּבְזִמְן קָרִיב. וְנֹאמֵר: אָמֵן.

May the One who blessed our ancestors, Abraham, Isaac, & Jacob, Sarah, Rebecca, Rachel & Leah
 Bless and heal the one who is ill: _____ son/daughter of _____ .

May the Holy Blessed One overflow with compassion upon him/her, to restore him/her, to heal him/her,
 to strengthen him/her, to enliven him/her. The One will send him/her, speedily, a complete healing,
 healing of the soul and healing of the body, along with all those who are ill, among the people of Israel
 and all humankind, soon, speedily, without delay, and let us all say: Amen!

Blessing for Washing Hands during a Pandemic

By Trish Arlin Source: Ritualwell.org

https://www.ritualwell.org/sites/default/files/A%20Blessing%20For%20Washing%20Hands%20During%20a%20Pandemic_0.pdf