



# סדר

# Dayenu

# Seder

# הינו

A 10 Minute Celebration

MARCH 2022/NISAN 5782



## PREPARING... AND GETTING THERE

### How long should a seder be?

There is no prescribed length! But according to the great sage Rabban Gamliel three things must be discussed to fulfill the purpose (mitzvah) of the seder, no matter how long it takes: *pesach*, *matzah*, and *maror*. *Maggid* helps us do this.

**Leader:** Read through before leading seder. Make sure participants will have what they need. Choose discussion points to explore.

**Participants:** Participate and celebrate! You are part of an ancient tradition that started in the 5th century BCE or earlier.

**Everyone:** Read words in bold together. Take turns. Be curious. Have fun.

**Seder** means “order”.



## The Fours

Four times the bible tells us to teach our children about the Exodus.

Four questions:

- Why matzah?
- Why maror?
- Why dip twice?
- Why recline?

Four kinds of children:

- The wise one
- The rebellious one
- The simple one
- The one who does not know to ask

Four glasses of wine:

- I will free you.
- I will deliver you.
- I will redeem you.
- I will take you to be my people.

**Leader:** Welcome to all who have joined us this evening for our 2022 [NAME OF FAMILY] Seder. We are so grateful that we can be together, if only for this short time.

**ALL: *If only these few minutes...Dayenu!!!*** דַּיְנוּ.  
***It would have been enough.***

**Reader:** How different is this night from all other nights? Mah nishtnah ha-lailah hazeh? We have been asking this question ever since the seder was created so that we could ask many other questions.

**ALL: *If only the questions...Dayenu!***

**Reader:** Passover means something different to every generation of Jews. The Pandemic, our generation's plague, has separated us. It has also brought us together in unexpected ways.

**Reader:** The rabbis gave us rituals to help us tell the story of our passage from slavery to freedom.

**ALL: *If only the rituals...Dayenu!***

**Reader: KIDDUSH**

We lift our cup of wine and say:

Blessed are you God, Sovereign of all, Creator of the fruit of the vine.

בְּרוּךְ אַתָּה ה', אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרִי הַגָּפֶן.

Baruch Ata Adonai Eloheinu Melech ha'olam, borei p'ri ha' gafen.

**Leader: SHEHECHEYANU**

Blessed are you God who has kept us alive, sustained us and brought us together on this first night of Passover. May we all be together again at the same time next year.

בְּרוּךְ אַתָּה ה', אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שְׁהַחַיְנוּ וְקִיְמַנּוּ וְהִגִּיעֵנוּ לְזִמְנָה הַזֶּה.

Baruch Ata Adonai Eloheinu Melech ha'olam, shehecheyanu v'kiy'manu v'higiyanu laz'man hazeh.

This year, Passover and the Shabbat begin at the same time. May this double celebration bring blessings of health and peace. May gladness reign and our joy increase!

**ALL: *If only the blessings...Dayenu!***

**Reader:** The seder was created so that families could fulfill the biblical commandment of teaching the Exodus story to our children and grandchildren. It has many ways to keep everyone engaged. We use sets of fours.

**ALL: *If only the fours...Dayenu!***

**Reader:** Our Seder plate with six traditional items engages us



in the whole Exodus experience so that we can say, "In every generation, it is your responsibility to think of yourself as if you actually had been present at the Exodus from Egypt."

B'chol dor va dor chayav adam lirot et atzmo k'ilu hu yatza mi'Mitzrayim.

בְּכָל־דּוֹר וָדּוֹר חַיָּב אָדָם לִרְאוֹת אֶת־עַצְמוֹ כְּאִלוֹ הוּא יֵצֵא מִמִּצְרַיִם

**Reader:** Each item on our seder plate has symbolic meaning.

- 🌀 **Karpas** (parsley or vegetable) to represent spring.
- 🌀 **Maror** (horseradish) and
- 🌀 **Chazeret** (romaine lettuce) to remind us of the bitterness of slavery.
- 🌀 **Haroset** (an apple, wine and nut mixture) to remind us of the hard work the Israelites did in Egypt.
- 🌀 **A shankbone** to remind us of the Passover meal the Israelites ate before they left Egypt.
- 🌀 **A roasted or hardboiled egg** to represent new beginnings.

**Reader:** Tonight we honor the tradition of adding objects to our Seder plate. We choose this for Ukraine (show object chosen). We hope that the terrible conflict will end soon. Passover reminds us that everybody is responsible, one for the other. If we save one life we save an entire world.

**ALL: *If only the Seder plate...Dayenu!***

**Reader:** Tonight we tell the story of how God brought us from slavery to freedom and we became the Jewish people.

**ALL: *If only the story...Dayenu!***

**Reader: MAGGID**

A long, long time ago, Pharaoh becomes afraid of the Israelites in his land. He does not understand their different ways. He makes them slaves and orders them to drown their baby boys. But Pharaoh's daughter, Batya, does not agree. She rescues a baby (with the help of his sister and mother), names him Moses, and raises him in Pharaoh's court.

**Reader:** When Moses grows up, he flees into the desert, becomes a shepherd, and marries a non-Israelite woman. One day, while Moses tends his flock, God appears to him and tells Moses to return to Egypt to free his people from slavery.

**Reader:** Moses is afraid he will fail. He knows how hard it will be to convince Pharaoh. Tyrants always believe they are more powerful than anything or anyone else. Pharaoh has to learn that he is not fighting Moses but God and a people whose belief in God and freedom is greater than their fear of Pharaoh.

**ALL: *Let my people go!***

**What** would you add to the seder plate? What can we do to help our neighbors at this time?

**What** would you choose to represent Ukraine?



### THINK ABOUT THIS!

Jews have been celebrating seders since at least the 5th century BCE (that's over 2,500 years)!

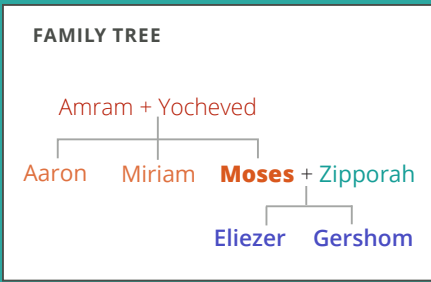
**Maggid** is the main part of the seder when the story is told.

**Pesach** means "to pass over."

**Haggadah** means "The Telling".

**Moses** means "I drew him forth".





**When** have you needed help from your family to take on a difficult or challenge?

**You may choose** to dip a finger into your wine cup with each plague and let a drop fall on your plate. One reason for this tradition is to show that our joy is diminished by the suffering of others—even if they deserve punishment.



**Leader holds up matzah** →

**Why** does Passover always begin on the 15th of Nisan?

**Mitzrayim** means “the narrow place”.

This Passover, consider the needs and opportunities you see more clearly. **What** will you do as a family to address some of the injustices you see?

**Reader:** God commands Moses to go to Egypt to save the Israelites and sends his brother and sister, Aaron and Miriam, to help. The Israelites have been slaves for more than four centuries. They will learn about God, as do the Egyptians, through the ten plagues. **Let’s recite them together:**

- |                                      |                  |                   |
|--------------------------------------|------------------|-------------------|
| <b>1</b> Blood                       | Dahm             | דם                |
| <b>2</b> Frogs                       | Tz’far-dei-ah    | צְפַרְדֵּי        |
| <b>3</b> Lice                        | Kee-neem         | כְּנִים           |
| <b>4</b> Flies                       | Ah-rov           | עֲרוֹב            |
| <b>5</b> Cattle plague               | Deh-ver          | דָּבַר            |
| <b>6</b> Boils                       | Sh’cheen         | שָׁחִין           |
| <b>7</b> Hail                        | Ba-rad           | בָּרָד            |
| <b>8</b> Locusts                     | Ar-beh           | אַרְבֶּה          |
| <b>9</b> Darkness                    | Cho-shech        | חֹשֶׁךְ           |
| <b>10</b> The Death of the Firstborn | Ma-kat B’cho-rot | מַכַּת בְּכוֹרוֹת |

**Reader:** Our seder recalls the long night of waiting during the 10th plague. Pharaoh finally agrees to “let my people go.” The Israelites leave quickly, carrying what they can. A full moon lights the way.

They take the bread that slaves eat—one that has no time to rise—matzah.

**Reader:** They head towards the Sea of Reeds. As tyrants often do, Pharaoh changes his mind and comes after them with his army in their chariots. The people are terrified! Even Moses is frightened.

**Reader:** But we are taught that one person, Nachshon, steps into the sea, others follow, and God parts the waters for the Israelites to cross safely to the other side. When Pharaoh and his army follow, the seas close over them and they drown. Miriam and the other women lead the Israelites in a new song of praise and gratitude.

**ALL: *If only a new song...Dayenu!***

**Reader:** Our journey from Mitzrayim, the biblical name for Egypt, is the moment of our birth as a people. Many believe that we teach this central story of the Jewish people year after year so that we will remember and better understand what it is like to be oppressed and to hope for freedom.

**ALL: *If only hope...Dayenu!***



**Reader:** Because we were once slaves, we must oppose slavery. Because we know what it is like not to have a voice, we must speak out for the voiceless.

**ALL: If only a voice...Dayenu!**

**Reader:** This moment is *our* narrow place. May we emerge from our bondage to a new understanding of the work we must do to make the world a better place for all.

**ALL: If only a better place for all...Dayenu!**

**Reader:** Let's end the formal part of our seder with a Hillel sandwich. Before the fall of the temple it was made with lamb, matzah, and maror. Tonight we use matzah, haroset and maror (symbolizing the bitterness of our slavery) as we remember the hardships of life in Egypt and our flight to freedom.

**Leader:** How is this night different from all other nights? Mah nishtnah ha-lailah hazeh? Who could have predicted the impact of COVID on our lives? Or that we would have so many other challenges? Our people cried out to God and God answered them. On this hopeful note we conclude our seder. From slavery to freedom, despair to joy, darkness to light, separation to togetherness, may we sing a new song—hallelujah!

**ALL: If only hallelujah...Dayenu!**

Sing your family's favorite seder song.\*

**ALL: Next year in person for all!**

**Leader ends formal celebration.**

## SHULCHAN ORECH, THE PESACH FAMILY MEAL שֻׁלְחָן עוֹרֵךְ

### RACHATZ

Blessed are You, Adonai Our God, Sovereign of the Universe, who sanctifies us through the mitzvot and commands us to wash our hands.

בָּרוּךְ אַתָּה ה', אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו  
וְצִוָּנוּ עַל נְטִילַת יָדַיִם.

Baruch Ata Adonai, Eloheinu Melech ha-Olam, asher kidshanu b'mitzvotav v'tzivanu al netilat yadayim.



**Consider** these questions for your family meal:

- ☞ What miracles have happened in your family?
- ☞ What is an Exodus story in your family and who can tell it?
- ☞ What is your best or worst seder memory?
- ☞ What have we learned in this past year that we will carry forward?

We have learned to wash our hands often to stay healthy. Handwashing in ancient Israel was a priestly act of sanctification—it purified priests for their temple responsibilities. After the Temple was destroyed, the rabbis moved Temple rites to the dining table so that every home could be “a small sanctuary.” Handwashing before meals became a practice for all Jews. Though the intent was fundamentally spiritual, the practice also had health benefits. As part of the traditional seder, we recite a prayer for handwashing before the meal. We rejoice that we can connect our life-saving practice today to the traditions of our ancestors.



see A Few Online Resources (on next page)





## A Few Online Resources (just click!)

[Haggadot.com](http://Haggadot.com)

[My Jewish Learning](http://My Jewish Learning)

### PASSOVER SONGS

[Kveller Passover Songs](#)

### PLUS

[Maccabeats's Dayenu](#)

### PASSOVER RECIPES

[Charoet: Reasons and recipes](#)

[Jamie Geller](#)

[Jewish Food Society:  
The Home for Jewish Food](#)

### FOR FUN & INSPIRATION (Really! Check it Out!)

[Jewish Learning Matters on Pinterest](#)

## Guiding Principles behind the Dayenu Seder

- Many do not have the energy or time to create their own seder experience from the many excellent resources available.
- Why ten minutes? It's a reasonable amount of time to sustain multi-group participation in a virtual (or otherwise) seder.
- It enables participants to come together and to have an authentic experience that reflects this moment.
- It includes some of the traditions and rabbinic requirements for a seder.
- We include only rituals that require things people already have. It may still be difficult for some to find items we normally use.
- The rituals we use keep participants focused on the experience and do not require them to leave a room or screen.
- The Dayenu Seder language is geared to 5 year olds and up. Involve younger participants with the Seder plate, calling out the ten plagues, participating in the dayenu chorus, and by telling the story with spontaneous creativity—dance, poetry, funny songs. Show what hallelujah means to you. The youngest will learn from cousins, siblings and elders that this experience matters.
- Many have different understandings of God. Please adapt this ceremony to reflect individual family values and practices.
- The Dayenu Seder intentionally ends at the family meal because many families find it challenging to reconvene afterwards.
- We encourage participants to continue to ask questions and have rich conversations around their individual family tables as they enjoy their seder meals.



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