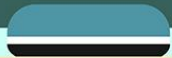




Ha Lachma Anya
The Bread of Affliction and Freedom





Welcome Wonderful Educators!

Today we will begin our exploration journey of the Pesach seder through the eyes of Rabbi Sacks.

Our first stop on our journey will be Ha Lachma Anya.

Throughout the seder, matza is referred to as both the bread of affliction (slavery), and the bread of freedom.

Which one do you think it is?

Turn to a table partner and discuss!



Chevrutah

- Read the text on the next slide with a partner
- Create at least one question about the text
 - You can use these sentence starters:
 - "It surprises me that..."
 - "I wonder about..."
 - "It's strange that..."
- Be ready to share your questions!





הללויה Jewish Soul Art
Ha Lachma Anya Blessing

follow zebra toys
[in](#) [E](#) [f](#) [t](#) [p](#) [o](#) [y](#) [t](#)



This is the bread of oppression our fathers ate in Egypt. Let all who are hungry come and eat. Let all in need join us for Pesach. Now we are here; next year in Israel. Now we are slaves; next year we will be free. What does this text mean to you?





DEEP DIVE

This is a strange invitation: “This is the bread of oppression our fathers ate in the land of Egypt. Let all who are hungry come in and eat.” What hospitality is it to offer the hungry the taste of suffering? In fact, though, this is a profound insight into the nature of slavery and freedom. Matza represents two things: it is the food of slaves, and also the bread eaten by the Israelites as they left Egypt in liberty. What transforms the bread of oppression into the bread of freedom is *the willingness to share it with others*.

Sharing food is the first act through which slaves become free human beings. One who fears tomorrow does not offer his bread to others. But one who is willing to divide his food with a stranger has already shown himself capable of fellowship and faith, the two things from which hope is born. That is why we begin the Seder by inviting others to join us. Bread shared is no longer the bread of oppression. Reaching out to others, giving help to the needy and companionship to those who are alone, we bring freedom into the world, and with freedom, God.

REFLECT

What can you share in your life to show you are truly free?

“Sharing food is the first act through which slaves become free human beings.”





Rewrite and Explain

- Rewrite Ha Lachma Anya in grade level language
- Discussion Questions:
 - Why is this text important?
 - For the seder?
 - For our lives?

Be prepared to share your thoughts!





"Sharing food is the first act through which slaves become free human beings."



In small groups, create 3 questions about this quote.

- Use question words:
 - Who
 - What
 - Where
 - When
 - Why
 - How

We'll share these questions with other groups



Question Time!



- Trade 1 question with another group.
- Answer each other's questions with 1 example and 1 reason.
- Listen carefully to others' ideas.
- How does this discussion change or add to the way you understand Ha Lachma Anya?



Bread of Affliction or Freedom?



Remember our opening question:

- Is matza the bread of slavery or freedom?

Has your answer changed?

- Why or why not?
- Write your thoughts in 2-3 sentences





Highlights from the Lesson Plans



The map as a way to frame the learning.

The “Building a City” activity to show more active learning.

The Depth & Complexity activities to summarize the unit

