

## Honoring the Bibas Family

The tragic news of the Bibas family—Shiri and her two little boys, Ariel and Kfir—has left many of us heartbroken. In times like these, it can be difficult to process our emotions and find the right words. This packet is designed to help students and children express their thoughts, feelings, and actions in response to this loss.

**Instructions:** Let children and teens know that it's okay to have different reactions to sad events. This packet is a space for them to express their emotions and reflect on what they can do in response.

Invite students to cut out the three envelopes and fill them with their responses.

**Guide Them Through the Sections** – Encourage them to write or draw in each category:

- **Thoughts** – What is on your mind about this tragedy?
- **Feelings** – How does this make you feel?
- **Actions** – What is one thing you can do to honor their memory or bring more kindness into the world?

**Validate Their Responses** – There are no right or wrong answers. Some may feel sadness, confusion, or frustration. Others may struggle to put their feelings into words. Offer gentle encouragement.

**End with Hope** – Remind them that even in darkness, small acts of goodness can bring light.

I hope this template is helpful in guiding meaningful conversations and processing this difficult tragedy. Let's carry on their memories with *tefillah/prayer*, *chessed/acts of kindness*, and doing *mitzvot/positive commandments* in their honor. May we know no more sorrow.



Helplessness  
Anger  
Disappointment  
Grief  
Numbness  
Heartbreak

# Feelings

I wish this ended differently...

I can't stop thinking about the image of them.

How can people be so cruel?

I will practice my Judaism proudly and joyfully.

I will hold my loved ones closer today.

I will be more patient with my family today.

I will continue to speak up

# Thoughts

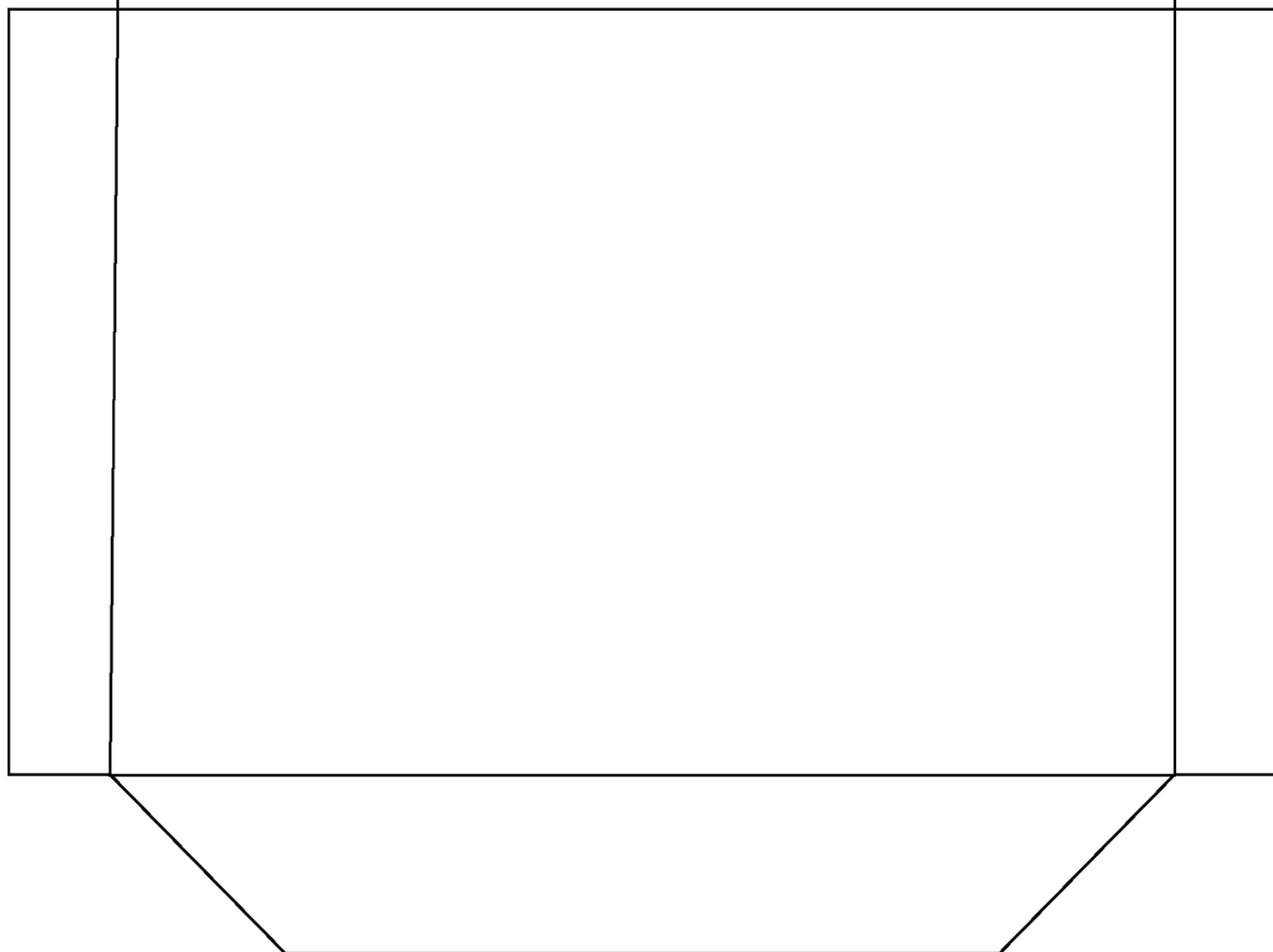
# Actions



What would you add?



# Feelings



# Thoughts

A large rectangular box with a trapezoidal cutout at the bottom, intended for writing thoughts. The box is empty and occupies the lower two-thirds of the page.

# Actions

