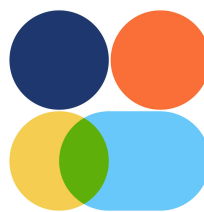


LESSON PLAN



Matan

Theme Purim Upstanders

Grade Level(s)

Third- Fifth Grade

Time of lesson 45 Minutes

Key Ideas

- An upstander is someone who steps up to help when they see injustice. This can be done in a variety of ways.
- Being an upstander is a Jewish value. Throughout history, Jewish communities have stood up for injustice and joined together to support one another in times of need.
- There are many upstanders in the Purim story.

Learning Outcomes

Students will:

- identify how upstander behavior contributed to the Purim story.
- identify at least one upstander trait that they can use next time they see bullying behavior.
- practice upstander behavior in order to feel more comfortable with the action and the language that is needed when standing up to bullying behavior.

Materials & Resources

- The Purim Story you use in your classroom with sections of “upstander behavior” highlighted
- Matan’s Upstander Traits printable (included)
- Large paper and a writing utensil (optional)

Warm-up and Overview

- As students walk in, have a variety of books about purim out on the tables and allow students to explore them
- Ask students to think think about who they know from the purim story and what they do not yet know

Introduction

- Once students have brainstormed what they do and do not know about the purim story, introduce the concept of an “upstander”
- Give students the following list of examples of how to be an upstander:
 - Be a Buddy - Go over to the person who is being bullied and stand close, check in with them, interrupt the bully and ask the other person if they would like to go play somewhere else.
 - Speak Up - Tell the bully, “That’s mean! Stop that!” This shows the bully that their behavior will not be tolerated. You can put a hand up in front of you to show “STOP.” Other people may see you being an upstander and join in.
 - Tell Someone - Find a trusted grown-up to report the bullying to. This is not tattling, you are not trying to get someone in trouble, you are trying to keep someone safe.

Specific Accomodations

- provide visuals of what an upstander is

Activity

- Now that students have all learned what an upstander is, explain that they will now work together to find examples of upstanders in the purim story
- Have students listen to, read, or watch the purim story. Give them a hand out with the pictures and names of the people in the purim story and have them circle or take notes on the sheet as they hear of upstander behavior in the story
- After reading the story, have the following discussion with students:
- Who are the upstanders in the Purim Story?
- Queen Esther spoke up and told Haman she wouldn't let him hurt the Jewish people, then she told King Ahasuerus to stop the decree.
- Mordechi told Queen Esther about Haman's plot and then supported her before she went to see the king.
- The Jewish townspeople fasted and prayed with Esther so she felt supported by her community.
- Have you ever seen bullying or upstander behavior? What could you do the same or differently next time?

Specific

Accommodations

- Provide options for how to engage with the purim story (have students act it out, watch a video, or read independently.)
- have students share answers in groups, with partners or with you

Options for Extensions

- Ask students who need an extra challenge what the opposite of an upstander would be? are there any examples of these in the purim story?

Options for Remediation

- Give some students examples from the purim story already written out of both upstander behavior and non upstander behavior. Have students identify which of the behaviors are upstanders and who in the story was responsible for them

Review and Closing

- finish the lesson by connecting the topics from the purim story to the students own lives and classroom
- have students give examples of ways they can learn from the examples of Queen Esther and Mordechai
- have student act out ways of being upstanders

Specific Accommodations

- put students into groups to do this closing activity
- allow students who do not want to act out being an upstander to write down how to be an upstander or draw it

Checking for Understanding

- Check for understanding throughout the lesson by noting who is answering questions and sharing thoughts.
- Watch as students act out their upstander behaviors, see who understands what it means to be an upstander

How to Be an Upstander



Matan

Be a Buddy!

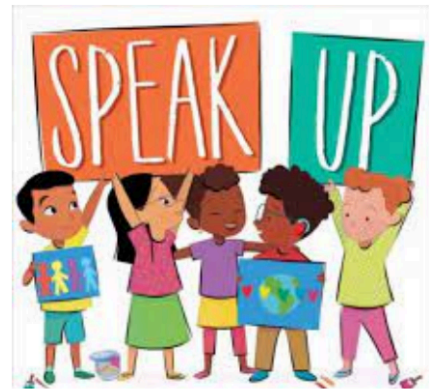
Go over to the person who is being bullied and stand close, check in with them, interrupt the bully and ask the other person if they would like to go play somewhere else.



Matan

Speak Up!

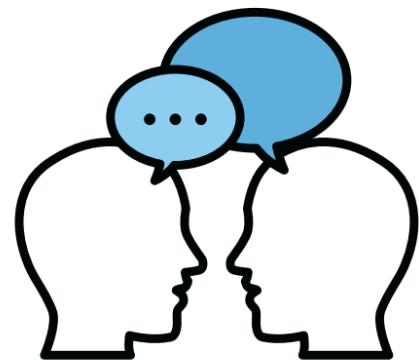
Tell the bully, “That’s mean! Stop that!” This shows the bully that their behavior will not be tolerated. Other people may see you being an upstander and join in.



Matan

Tell Someone!

Find a trusted grown-up to report the bullying to. This is not tattling, you are not trying to get someone in trouble, you are trying to keep someone safe.



People in the Purim Story



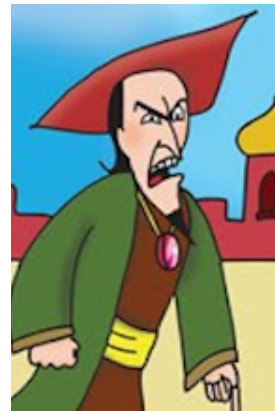
Queen Esther



Mordechai



King Achashverosh



Haman