



## Resources for Talking to Your Child/Teen About Antisemitism

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*The Jewish Education Project is the leading national force reimagining Jewish education and empowering educators and families. For more information, visit [jewishedproject.org](https://www.jewishedproject.org).*

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### General: Talking to Kids About Discrimination

- American Psychological Association:  
<https://www.apa.org/topics/racism-bias-discrimination/kids>
- American Psychological Association:  
<https://www.apa.org/topics/racism-bias-discrimination/types-stress>
- APA Calls for end to continued antisemitic violence in US:  
<https://www.apa.org/news/apa/2021/antisemitic-violence>

### Age-Appropriate Antisemitism Conversations

- How To Talk To Young Children About Antisemitism (PJ Library):  
<https://pjlibrary.org/beyond-books/pjblog/february-2022/how-to-talk-to-children-about-anti-semitism>
- How To Talk About the Holocaust (Kveller):  
<https://www.kveller.com/article/how-to-talk-about-the-holocaust/>
- How To Talk To Kids About Antisemitism and Why It's Important (Parents):  
<https://www.parents.com/kids/responsibility/racism/how-to-talk-to-kids-about-anti-semitism-and-why-its-important/>
- Confronting Antisemitism: Tools for Teens (The Israel Forever Foundation):  
[https://israelforever.org/programs/stronger\\_together\\_jewish\\_unity/confronting\\_antisemitism\\_tools\\_for\\_teens/](https://israelforever.org/programs/stronger_together_jewish_unity/confronting_antisemitism_tools_for_teens/)
- A Guide for Parents on Talking About Antisemitism (Shine a Light / The Jewish Education Project):  
[https://shinealighton.com/wp-content/uploads/2023/11/Guide-For-Parents-Talking-About-Antisemitism\\_v2.pdf](https://shinealighton.com/wp-content/uploads/2023/11/Guide-For-Parents-Talking-About-Antisemitism_v2.pdf)



## Videos + Podcasts

- Antisemitism, Explained (Unpacked Video Series):  
[https://www.youtube.com/playlist?list=PL-DNOnmKkUaZh8yjn7Bhps\\_aEn\\_yCd71H](https://www.youtube.com/playlist?list=PL-DNOnmKkUaZh8yjn7Bhps_aEn_yCd71H)
- The Mutation of Antisemitism (Rabbi Sacks):  
<https://www.youtube.com/watch?v=3UAcYn4uUbs>
- 7 Podcasts to Help You Understand, Respond To, and Prevent Antisemitism (American Jewish Committee):  
<https://www.ajc.org/news/7-podcasts-to-help-you-understand-respond-to-and-prevent-antisemitism>
- Adventures with Dead Jews (Dara Horn):  
<https://podcasts.apple.com/us/podcast/adventures-with-dead-jews/id1582119175>

## Books

- #antisemitism: Coming of Age During the Resurgence of Hate, Samantha Vinokor-Meinrath
- Antisemitism: Here and Now, Deborah Lipstadt
- Jewish Pride, Ben M. Freeman
- People Love Dead Jews, Dara Horn
- How to Fight Antisemitism, Bari Weiss
- Squirrel Hill: The Tree of Life Synagogue Shooting and the Soul of a Neighborhood, Mark Oppenheimer
- We Need To Talk About Antisemitism, Rabbi Diana Fersko
- On Being Jewish Now, Zibby Owens