

THE FOUR QUESTIONS THROUGH A STRENGTHS BASED LENS

Why is this night different from all other nights?

ON ALL OTHER NIGHTS WE EAT LEAVENED PRODUCTS AND MATZAH. AND ON THIS NIGHT ONLY MATZAH.

ON ALL OTHER NIGHTS WE EAT ALL VEGETABLES, AND ON THIS NIGHT ONLY BITTER HERBS.

ON ALL OTHER NIGHTS. WE DON'T DIP OUR FOOD EVEN ONCE. AND ON THIS NIGHT WE DIP TWICE.

ON ALL OTHER NIGHTS WE'EAT SITTING OR RECLINING. AND ON THIS NIGHT WE ONLY RECLINE.

WHY?

When the Jewish people were freed from Egypt they needed to pack quickly. They used their **prudence** and decided to take unleavened Matzah rather than wait for their bread to rise. Today we remember their good judgment by eating Matzah for the week of Passover.

WHY?

Bitter herbs are a symbol used to represent the bitterness of slavery. At our Seder we eat these herbs to show gratitude for our freedom. We also take time on this holiday to think of those who are not yet free.

WHY?

During the Passover Seder we dip twice. Each time to remember a different aspect of our time as slaves. The first representing the tears the Jewish people cried and the second symbolizing mortar used to build the pyramids. When we look back and reflect, it taps into our perspective.

We recline because relaxation is a luxury of freedom that our ancestors were not afforded. As free people, we recline in humility, commemorating our journey from slavery to freedom.

Happy Passover from TBJ Religious School