

TBJ RELIGIOUS SCHOOL
2019-2020

**FROM STRENGTH
TO STRENGTH**

A Flourishing Calendar

The world stands on three things:
on Torah, on Worship, and on
Acts of Loving Kindness

Pirkei Avot 1:2

**APPRECIATION
OF BEAUTY AND
EXCELLENCE**

**SOCIAL
INTELLIGENCE**

forgiveness

GRATITUDE

BRAVERY

hope

PERSEVERANCE

SPIRITUALITY

honesty

LOVE

CURIOSITY

HUMOR

This calendar contains the Religious School dates, Jewish holidays, and suggested acts of kindness. We hope that as you journey through the upcoming school year you will take the opportunity to explore these with us.

The world stands on three things: on Torah,
on Worship, and on Acts of Loving Kindness.

Pirkei Avot 1:2

character strength

CURIOSITY

**EXPLORE
YOUR
PASSIONS.**

TBJ RELIGIOUS SCHOOL

SEPTEMBER 2019

CURIOSITY

Reflections & Notes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Elul 1	2 Elul 2	3 Elul 3 Set goals for the New Year	4 Elul 4	5 Elul 5	6 Elul 6 Learn a new word	7 Elul 7
8 Elul 8	9 Elul 9	10 Elul 10	11 Elul 11	12 Elul 12	13 Elul 13 RABBI LEAH'S INSTALLATION	14 Elul 14 Look at an old family album
15 Elul 15 RELIGIOUS SCHOOL	16 Elul 16 Make a new friend RELIGIOUS SCHOOL	17 Elul 17 RELIGIOUS SCHOOL	18 Elul 18	19 Elul 19 Ask a thoughtful question	20 Elul 20 SHABBAT ATID	21 Elul 21 STAND UP AND STAND OUT
22 Elul 22 RELIGIOUS SCHOOL	23 Elul 23 RELIGIOUS SCHOOL	24 Elul 24 NEW MEMBER WINE & CHEESE RELIGIOUS SCHOOL	25 Elul 25 Read a book	26 Elul 26	27 Elul 27 Try something new	28 Elul 28
29 Elul 29 ROSH HASHANAH BEGINS	1 Tishrei 30 ROSH HASHANAH PROGRAMMING					

character strength

FORGIVENESS

TOGETHER

EVERYONE

ACHIEVES

MORE.

OCTOBER 2019

FORGIVENESS

Reflections & Notes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		2 Tishrei	1 3 Tishrei	2 Forgive yourself today	3 4 Tishrei	4 5 Tishrei	5 6 Tishrei
7 Tishrei	6 8 Tishrei	7 9 Tishrei	8 KOL NIDRE	9 YOM KIPPUR	10 Write a note to someone who upset you and tell them how you feel	11 12 Tishrei	12 13 Tishrei
RELIGIOUS SCHOOL	RELIGIOUS SCHOOL						
14 Tishrei	13 15 Tishrei	14 16 Tishrei	15 RELIGIOUS SCHOOL DINNER IN THE SUKKAH	16 17 Tishrei	17 18 Tishrei	18 SHABBAT ATID	19 20 Tishrei
SUKKOT BEGINS RELIGIOUS SCHOOL CELEBRATION	Treat everyone you see the way you want to be treated	RELIGIOUS SCHOOL DINNER IN THE SUKKAH					Apologize to someone that you may have upset recently
RELIGIOUS SCHOOL		RELIGIOUS SCHOOL					
21 Tishrei	20 22 Tishrei	21 23 Tishrei	22 Take time to listen to others	23 24 Tishrei	24 25 Tishrei	25 26 Tishrei	26 27 Tishrei
COMMUNITY SIMCHAT TORAH CELEBRATION		COMMUNITY SIMCHAT TORAH CELEBRATION			Remember that everyone is going through their own struggles		
RELIGIOUS SCHOOL		RELIGIOUS SCHOOL					
28 Tishrei	27 29 Tishrei	28 30 Tishrei	29	30 1 Cheshvan	31 2 Cheshvan		
				Think about something that upset you, now think about it from the other person's perspective			
RELIGIOUS SCHOOL	RELIGIOUS SCHOOL	RELIGIOUS SCHOOL					

character strength

GRATITUDE

MOVE

FORWARD

BY GIVING

BACK.

NOVEMBER 2019

GRATITUDE

Reflections & Notes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					3 Cheshvan 1	4 Cheshvan 2 BLESSING OF THE ANIMALS
5 Cheshvan 3 Write a list of things you are thankful for RELIGIOUS SCHOOL	6 Cheshvan 4 RELIGIOUS SCHOOL	7 Cheshvan 5 RELIGIOUS SCHOOL	8 Cheshvan 6 Appreciate nature	9 Cheshvan 7	10 Cheshvan 8	11 Cheshvan 9
12 Cheshvan 10 IHN	13 Cheshvan 11 RELIGIOUS SCHOOL IHN	14 Cheshvan 12 RELIGIOUS SCHOOL IHN	15 Cheshvan 13 IHN	16 Cheshvan 14 IHN	17 Cheshvan 15 IHN RABBI KAREN'S 10TH ANNIVERSARY	18 Cheshvan 16 IHN
19 Cheshvan 17 Write a thank you note to someone RELIGIOUS SCHOOL	20 Cheshvan 18 RELIGIOUS SCHOOL	21 Cheshvan 19 RELIGIOUS SCHOOL	22 Cheshvan 20 Tell a family member how much you appreciate them	23 Cheshvan 21 WOMEN'S ASSOCIATION BOUTIQUE	24 Cheshvan 22 SHABBAT ATID	25 Cheshvan 23 Take time to be grateful
26 Cheshvan 24 RELIGIOUS SCHOOL	27 Cheshvan 25 Find out about your family history RELIGIOUS SCHOOL	28 Cheshvan 26 RELIGIOUS SCHOOL	29 Cheshvan 27	30 Cheshvan 28 Thank your parents	1 Kislev 29	2 Kislev 30

character strength

SPIRITUALITY

BE.

HERE.

NOW.

TBJ RELIGIOUS SCHOOL

character strength

PERSEVERANCE

**YOU
CAN
DO IT.**

TBJ RELIGIOUS SCHOOL

JANUARY 2020

PERSEVERANCE

Reflections & Notes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			4 Tevet 1	5 Tevet 2 Make a list of all your accomplishments from the past year	6 Tevet 3	7 Tevet 4
8 Tevet 5 Set a goal for yourself to achieve this week RELIGIOUS SCHOOL	9 Tevet 6 RELIGIOUS SCHOOL	10 Tevet 7 RELIGIOUS SCHOOL	11 Tevet 8	12 Tevet 9	13 Tevet 10 SHABBAT ATID	14 Tevet 11 Get out of your comfort zone – try something new
15 Tevet 12 RELIGIOUS SCHOOL	16 Tevet 13 RELIGIOUS SCHOOL	17 Tevet 14 RELIGIOUS SCHOOL	18 Tevet 15 Find something that interests you and do it regularly	19 Tevet 16	20 Tevet 17	21 Tevet 18
22 Tevet 19	23 Tevet 20 Reward yourself for a small accomplishment	24 Tevet 21	25 Tevet 22	26 Tevet 23	27 Tevet 24 MLK SHABBAT	28 Tevet 25
29 Tevet 26 RELIGIOUS SCHOOL	1 Shevat 27 RELIGIOUS SCHOOL	2 Shevat 28 Be a curious learner RELIGIOUS SCHOOL	3 Shevat 29	4 Shevat 30	5 Shevat 31 Write down 3 things you want to accomplish this year and how you will do it	

character strength

LOVE

**SHOW A
LITTLE
LOVE.**

FEBRUARY 2020

LOVE

Reflections & Notes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						6 Shevat 1
7 Shevat 2	8 Shevat 3 Act the way you feel	9 Shevat 4	10 Shevat 5	11 Shevat 6 Smile	12 Shevat 7 SHABBAT SHIRA SERMON IN SONG	13 Shevat 8
RELIGIOUS SCHOOL	RELIGIOUS SCHOOL	RELIGIOUS SCHOOL				
14 Shevat 9	15 Shevat 10 TU B'SHEVAT	16 Shevat 11 Tell someone how much they mean to you	17 Shevat 12	18 Shevat 13	19 Shevat 14 Enjoy a special treat	20 Shevat 15
RELIGIOUS SCHOOL	RELIGIOUS SCHOOL	RELIGIOUS SCHOOL				
21 Shevat 16	22 Shevat 17	23 Shevat 18	24 Shevat 19 Write down 3 things you love about yourself	25 Shevat 20	26 Shevat 21	27 Shevat 22
28 Shevat 23 Help a parent without them asking	29 Shevat 24 RELIGIOUS SCHOOL	30 Shevat 25 RELIGIOUS SCHOOL	1 Adar 26	2 Adar 27 Compliment someone special to you	3 Adar 28 SHABBAT ATID	4 Adar 29

character strength

HUMOR

**LAUGHTER IS
CONTAGIOUS.**

TBJ RELIGIOUS SCHOOL

MARCH 2020

HUMOR

Reflections & Notes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5 Adar 1 RELIGIOUS SCHOOL	6 Adar 2 RELIGIOUS SCHOOL	7 Adar 3 RELIGIOUS SCHOOL	8 Adar 4	9 Adar 5	10 Adar 6	11 Adar 7
12 Adar 8 PURIM CARNIVAL RELIGIOUS SCHOOL	13 Adar 9 Laugh until your sides hurt RELIGIOUS SCHOOL	14 Adar 10 PURIM RELIGIOUS SCHOOL	15 Adar 11	16 Adar 12 Go out of your way to cheer someone up	17 Adar 13	18 Adar 14
19 Adar 15 RELIGIOUS SCHOOL	20 Adar 16 RELIGIOUS SCHOOL	21 Adar 17 Learn a new joke and share it with others RELIGIOUS SCHOOL	22 Adar 18	23 Adar 19	24 Adar 20 Enjoy today	25 Adar 21
26 Adar 22 RELIGIOUS SCHOOL	27 Adar 23 Celebrate something ordinary RELIGIOUS SCHOOL	28 Adar 24 RELIGIOUS SCHOOL	29 Adar 25	1 Nisan 26 Think of a memory that makes you smile	2 Nisan 27	3 Nisan 28
4 Nisan 29 RELIGIOUS SCHOOL	5 Nisan 30 RELIGIOUS SCHOOL	6 Nisan 31 Make a friend laugh RELIGIOUS SCHOOL				

character strength

BRAVERY

BE BRAVE.

BE YOU.

APRIL 2020

BRAVERY

Reflections & Notes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			7 Nisan 1 Try something new	8 Nisan 2	9 Nisan 3	10 Nisan 4 Be the person you are in your dreams
11 Nisan 5	12 Nisan 6 Invite a friend to play a game	13 Nisan 7	14 Nisan 8 PASSOVER BEGINS	15 Nisan 9 CONGREGATIONAL SEDER	16 Nisan 10 Meditate	17 Nisan 11
18 Nisan 12 Wake up and tell yourself, "I can do anything!"	19 Nisan 13 RELIGIOUS SCHOOL	20 Nisan 14 RELIGIOUS SCHOOL	21 Nisan 15	22 Nisan 16 Express yourself however you wish	23 Nisan 17 SHABBAT ATID	24 Nisan 18
25 Nisan 19 IHN RELIGIOUS SCHOOL	26 Nisan 20 IHN RELIGIOUS SCHOOL	27 Nisan 21 IHN YOM HASHOAH RELIGIOUS SCHOOL	28 Nisan 22 IHN	29 Nisan 23 IHN	30 Nisan 24 IHN	1 Iyar 25 IHN
1 Iyar 26 MITZVAH DAY RELIGIOUS SCHOOL	3 Iyar 27 RELIGIOUS SCHOOL	4 Iyar 28 YOM HAZIKARON RELIGIOUS SCHOOL	5 Iyar 29 YOM HA'ATZMAUT	6 Iyar 30 Be the brave superhero you are!		

character strength

**APPRECIATION OF BEAUTY
AND EXCELLENCE**

**STOP AND
SMELL THE
ROSES.**

MAY 2020

APPRECIATION OF BEAUTY AND EXCELLENCE

Reflections & Notes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					7 Iyar 1 Do something outside	8 Iyar 2
9 Iyar 3 RELIGIOUS SCHOOL	10 Iyar 4 Recycle RELIGIOUS SCHOOL	11 Iyar 5 RELIGIOUS SCHOOL	12 Iyar 6	13 Iyar 7 CELEBRATION OF CANTOR STAHL	14 Iyar 8	15 Iyar 9 Play in the sun
16 Iyar 10 RELIGIOUS SCHOOL	17 Iyar 11 RELIGIOUS SCHOOL	18 Iyar 12 LAG BAOMER RELIGIOUS SCHOOL	19 Iyar 13 Go for a walk	20 Iyar 14	21 Iyar 15 SHABBAT ATID	22 Iyar 16
23 Iyar 17 RELIGIOUS SCHOOL END OF YEAR BBQ RELIGIOUS SCHOOL	24 Iyar 18 RELIGIOUS SCHOOL	25 Iyar 19 RELIGIOUS SCHOOL	26 Iyar 20	27 Iyar 21 Go outside, feel the grass between your toes	28 Iyar 22	29 Iyar 23
1 Sivan 24 Have a picnic	2 Sivan 25	3 Sivan 26 Admire the stars in the night sky	4 Sivan 27	5 Sivan 28	6 Sivan 29 SHAVUOT CONFIRMATION & GRADUATION SHABBAT	7 Sivan 30
8 Sivan 31						

character strength

SOCIAL INTELLIGENCE

**BE A
FRIEND.**

JUNE 2020

SOCIAL INTELLIGENCE

Reflections & Notes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9 Sivan 1	10 Sivan 2 Smile all day	11 Sivan 3	12 Sivan 4	13 Sivan 5	14 Sivan 6 Draw a picture for a friend
15 Sivan 7	16 Sivan 8	17 Sivan 9	18 Sivan 10	19 Sivan 11 Call someone you don't see often just to say hello	20 Sivan 12	21 Sivan 13
22 Sivan 14	23 Sivan 15 Say something nice to a family member	24 Sivan 16	25 Sivan 17	26 Sivan 18	27 Sivan 19 Laugh out loud SHABBAT ATID	28 Sivan 20
29 Sivan 21	30 Sivan 22	1 Tammuz 23	2 Tammuz 24 Surprise a friend with a kind note	3 Tammuz 25	4 Tammuz 26	5 Tammuz 27
6 Tammuz 28	7 Tammuz 29 Enjoy a meal with family and friends	8 Tammuz 30				

character strength

HONESTY

**TRUST IN
YOURSELF.**

JULY 2020

HONESTY

Reflections & Notes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9 Tammuz 1 Be a team player	10 Tammuz 2	11 Tammuz 3	12 Tammuz 4
13 Tammuz 5 Keep true to your promises	14 Tammuz 6	15 Tammuz 7	16 Tammuz 8	17 Tammuz 9	18 Tammuz 10 Take responsibility for a mistake that you made	19 Tammuz 11
20 Tammuz 12	21 Tammuz 13	22 Tammuz 14 Think before you speak	23 Tammuz 15	24 Tammuz 16	25 Tammuz 17	26 Tammuz 18
27 Tammuz 19	28 Tammuz 20	29 Tammuz 21	1 Av 22	2 Av 23 Share your feelings	3 Av 24	4 Av 25
5 Av 26 Follow what you believe	6 Av 27	7 Av 28	8 Av 29 Let your actions match your words	9 Av 30 TISHA B'AV	10 Av 31	

character strength

HOPE

**TODAY IS A
WONDERFUL
DAY.**

TBJ RELIGIOUS SCHOOL

AUGUST 2020

HOPE

Reflections & Notes

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						11 Av 1
12 Av 2	13 Av 3	14 Av 4 Write a list of your hopes and dreams	15 Av 5 TU B'AV	16 Av 6	17 Av 7 See the positive in things	18 Av 8
19 Av 9	20 Av 10	21 Av 11	22 Av 12 Treat each day like a gift	23 Av 13	24 Av 14	25 Av 15
26 Av 16	27 Av 17 Feeling stressed? – take 3 minutes to sit in silence	28 Av 18	29 Av 19	30 Av 20 Find a way to make a difference	1 Elul 21	2 Elul 22
3 Elul 23	4 Elul 24	5 Elul 25 Think of 5 things you are looking forward to	6 Elul 26	7 Elul 27	8 Elul 28	9 Elul 29
10 Elul 30 Set a goal for your future	11 Elul 31					

Reflections &

NOTES

Thank you for a wonderful year of learning together!
See you next month!

**APPRECIATION
OF BEAUTY AND
EXCELLENCE**

**SOCIAL
INTELLIGENCE**

forgiveness

GRATITUDE

BRAVERY

hope

PERSEVERANCE

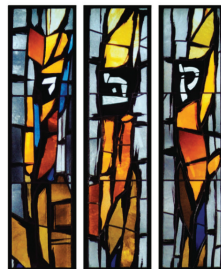
SPIRITUALITY

honesty

LOVE

CURIOSITY

HUMOR



CONGREGATION
B'NAI JESHURUN
Established in 1848

MADE WITH LOVE AND KINDNESS
BY THE
TBJ RELIGIOUS SCHOOL