

## Relationship-Centered Learning in the Time of Coronavirus and the Future

### Webinar Resources

#### **Relationship Centered Learning:**

Use the resources below to help you create student centered learning both virtually and in person.

#### **Resources:**

##### **Pedagogy of Partnership:**

- Click [here](#) to access Orit's slides from the webinar *Relationship Centered Learning in the Time of Coronavirus and the Future*.
- **Hevruta Warm Up Exercises**- These resources offer warm up activities for different developmental age groups before engaging in hevruta style learning.
  - [Teens/Adults](#)
  - [Upper Elementary School/Middle School](#)
- [Pedagogy of Partnership Education Overview \(video\)](#)- This resource showcases the pedagogy of partnership model of relational learning.
- [Tips for Online Learning and Engagement](#)- This resource offers practical tips and tricks for online learning and engagement with texts.
- [Tips for Online Hevruta Learning](#)- This resource offers step by step hevruta learning tips for learners to engage in hevruta study virtually.

##### **Facing History and Ourselves:**

- [Taking Schools Online with a Student Centered Approach](#)- This resource outlines online educational tools to help educators craft a learner centered approach in the virtual classroom.
- [Student Centered Teaching Strategies](#) – This resource outlines student centered teaching strategies for educators which can be used with learners both online and in person.

##### **Relational Judaism:**

- [12 Pillars of Relational Judaism](#)- This resource outlines Dr. Ron Wolfson's concept of Relational Judaism, and offers 12 pillars of relational engagement that we can be using to build community in our settings.

#### **Publications and Articles:**

- [Contact Before Content](#)- Micol Zimmerman, Recruitment and Leadership Development Associate, HUC-JIR
- [Jewish Educators Will be on the Front Lines of Recovery](#)- Dr. David Bryfman, The Jewish Education Project
- [Pedagogy of Partnership and the Power of Relationships](#)- Dr. Orit Kent and Allison Cook, Pedagogy of Partnership
- [Teachers as Learners and Practitioners: Shifting Teaching Practices through Hevruta Pedagogy](#)- Dr. Orit Kent and Allison Cook, Pedagogy of Partnership
- [Additional Articles and Publications from Pedagogy of Partnership](#)
- [The Relational Revolution Challenge](#)- Rachel Gildiner, Gather DC and Wendy Verba, Jewish Education and Endowment Fund

## **Promoting Safety Online:**

Use the resource below to help you navigate building safe spaces online for your learners.

### **Sacred Spaces**

- [Protocols for Safeguarding Children and Teens in Online Communications](#) – This resource outlines protocols, tips and tricks to ensure children and teens are safe online.

## **Trauma Informed Care and Instruction:**

Use the resources below to learn more about Trauma Informed Instruction, and strategies you can use with your learners.

### **Resources:**

#### **Bamidbar Powerpoint: Trauma Informed Care**

- Click [here](#) to access Nick's slides from the webinar *Relationship Centered Learning in the Time of Coronavirus and the Future*.

#### **Harvard Graduate School of Education**

- [Helping Children Cope with Coronavirus and Uncertainty](#)- This resource offers practical tips regarding how to help children work through their fears and uncertainties related to the COVID-19 pandemic.

#### **National Child Traumatic Stress Network**

- [Child Trauma Toolkit For Educators](#) – This resource is a toolkit for educators who work with learners aged preschool to high school to help recognize the signs and provide strategies to work with each learner.
- [Defining Child Trauma](#)- This resource helps define trauma for educators.
- [Supporting Children During Coronavirus](#)- This resource offers practical ways to speak with children about coronavirus, and outlines how to best support these conversations.
- [Helping Children with Traumatic Separation or Traumatic Grief during COVID-19](#)- This resource explores how to support children who are separated from loved ones or who are suffering a loss during this time.

#### **Neuro-Sequential Model of Education**

- [COVID-19 Stress, Distress & Trauma Series](#)- This resource is a series of nine Youtube videos designed to help educators explore the stress, distress and trauma that our children are enduring from COVID-19 pandemic.

#### **Resilient Educator**

- [COVID-19 Resilient Educator Tool Kit](#)- This resource equips teachers with actionable strategies and advice to use for themselves and as they support children and families during this difficult time.
- [Essential Trauma-Informed Teaching Strategies for Managing Stress in the Classroom](#)- This resource features practical strategies for implementing trauma informed instruction in the classroom.
- [Trauma Informed Practices in School: Teaching and Self Care Resources](#)- This resource showcases trauma informed approaches to behaviors in the classroom.

### **Trauma and Learning Policy Initiative**

- The Impacts of Trauma on Learning Video Series-This resource features four videos: each video showcases the impacts of trauma informed learning on a different element.
  - Part 1: [Academic Performance](#)
  - Part 2: [Classroom Behavior](#)
  - Part 3: [Relationships](#)
  - [Importance of Community](#)
- [Six Elements of School Operations Involved in Creating a Trauma Sensitive School](#)- This resource outlines six core elements of school operations involved in supporting a trauma sensitive school environment.

### **Strategies to Help with Trauma Informed Instruction:**

Check out The Jewish Education Project's [Emotional Well-Being Resources](#) which includes resources on the following educational strategies.

- **Mood Meter Activities:** Mood Meters are a tool to help develop greater self awareness and develop emotional literacy. Mood Meters can help students identify their emotions.
- **Mindfulness Techniques:** These techniques will help you and your learners regulate their emotions, manage anxiety, and cultivate self awareness.

### **Publications and Articles:**

- [5 Ways to Help Teens Manage Anxiety about the Coronavirus](#)- Lisa Damor, The New York Times
- [That Discomfort You're Feeling is Grief](#)- Scott Berinato, Harvard Business Review
- [Trauma and COVID-19](#) -Dr. Betsy Stone, Ph.D, Lecturer at HUC-JIR