ROSH HASHANAH JEWISH VALUES DISCUSSION GUIDE

As Rosh Hashanah approaches, a time of reflection and renewal, this discussion guide invites you and your students to explore six essential Jewish values.

Paired with the Jewish Values Craft, which incorporates these values into a ready-to-go activity, students can connect key Jewish values like chesed (kindness), slecha (forgiveness), and tikkun olam (repairing the world) to their own lives, deepening their understanding of these essential middot.

CHESED (KINDNESS)

- Why is kindness an important part of our daily lives?
- Can you share a moment when someone showed you kindness? How did it affect you?
- How do small acts of kindness create a positive ripple effect in our communities?
- What is an act of kindness you have done recently? How did it impact others, and how did it make you feel?

SLECHA (SORRY)

- Why is it important to apologize when we hurt someone or make mistakes?
- How does offering an apology strengthen our relationships?
- Can you remember a time when you apologized? How did you feel before and after?
- What steps can we take to ensure our apologies are sincere and meaningful?

HAKARAT TOVA (GRATITUDE)

- What does it mean to practice gratitude?
- Why is it important to recognize and appreciate the blessings in our lives?
- Can you name three things you're grateful for today? Why do they stand out to you?
- In what ways can we express gratitude?

KEHILLAH (COMMUNITY)

- What makes a community, and why is it important to feel connected to one?
- How does being part of a community provide us with joy and support?
- Can you share a time when you contributed to your community? How did it feel to give back?
- What are some ways we can strengthen our connections with others in our community?

TZEDEK (RIGHTEOUSNESS)

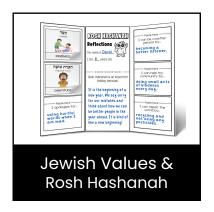
- What does it mean to be a righteous person?
- Why is it important to make choices that align with our core values?
- Can you recall a time when you faced a tough decision? How did you choose what was right?
- How can we show integrity and honesty through our everyday actions?

TIKKUN OLAM (REPAIRING THE WORLD)

- What does "repairing the world" mean to you?
- Why is it important to care for the planet and help those who are in need?
- Can you think of a way you've made a positive difference in your community or for the environment?
- How can even small actions contribute to making the world a better place?

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