

“Live, Laugh, Lunch”

## Goals:

- 1- Normalize conversations about death, dying, and mourning.
- 2- Learn about Jewish rituals, values, and stories.
- 3- Practice and learn these skills when we are not in a personal time of crisis.

# Expectations

1- Take turns

2- Share the mic

3- Speak for yourself

4- Listen Respectfully

5- Anything else?

## Choose a Topic:

- 1- Pesach Story and Seder
- 2- Sitting Shiva
- 3- Visiting a Grave
- 4- Ancestors who Died
- 5- Joseph and Hannah Senesh