

Discussion Prompts

Discuss the following questions with your students or your children for a fun, meaningful conversation.

- **Why is it important to do things by ourselves?**
- **Why shouldn't we count on Mom and Dad or other people to do everything for us?**
- **What can we already do by ourselves?**
- **When is it okay to think only about ourselves?**
What should we do after we help ourselves?
- **Who in your family, or among your friends, might need help from you?**



These questions pair well with chapter 1 from the third book in the Mishnafari Series, *Who Is Helping?* You can find the book and more activities at www.mishnafari.com