

Move Around Your Strength and Your Efforts

Print the pictures and spread them in the room. (You can find all pictures and more in www.mishnafari.com in folder Unit 3.)

Read the actions and have the children follow the instructions.

-  Walk to a picture of something you can do now.
-  Hop to the picture that shows something you would like to learn!
-  Walk backwards to something that you took a long time to learn.
-  Tip toe to something that was easy to learn.
-  March to something that you are working on.
-  Gallop like a horse to something that you like to do.
-  Crab-walk to something that you are glad you learned.
-  Jump to something your whole family can do.
-  Side step to something you never tried.
-  LAST ONE!

Sit next to a picture of your favorite thing to do! Remember to leave space for a friend in case they love the same thing as you!

Have a conversation about what you learned.