

Blessing the Challah (Hamotzi)



This round challah reminds us of the cycle of a year. Like a circle, *b'rachah* (blessing) brings us back to what matters most. Like a circle, *teshuvah* (return) helps us come back to who we want to be. Each bite can be a reminder of gratitude, of growth, and of trying again.

Option 1: Hamotzi

בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, הַמּוֹצִיא לֶחֶם מִן הַאַרֵץ.

Baruch Atah, Adonai Eloheinu, Melech Ha'olam, hamotzi lechem min ha'aretz.

Blessed are You, Adonai our God, Guide of the Universe, who brings forth bread from the earth.

Option 2: Hamotzi Song

Hamotzi lechem min ha'aretz,
We give thanks to God for bread.
Our voices join in song together,
As our joyful prayer is said:
Baruch Atah, Adonai Eloheinu, Melech Ha'olam, Hamotzi lechem min ha'aretz.

Amen.

Pass around the challah and enjoy.



CREDITS

Introduction by Rabbi Paul Kipnes Design: Winter & Winter Design Associates Photographs: Round challot, Eileen Schon Robin; Drizzling honey on challah, Stephanie Fink